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The Light

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Holy Apostles Greek Orthodox Church

Loudoun County, VA

Volume 13, Issue 4 Jul-Aug 2018

The bi-monthly newsletter of the Holy Apostles Greek Orthodox Church

A Message from Father George Alexson

It's Worth Loving

Love in a child's smile make us beautiful, it soothes our soul.

Like a burst of light from an island's lighthouse,

It broadens the horizons in our life.

We are always given joy in life
By the small good moments we had,
By a friendship, a sweet smile, an expectation,
By a maddening thought, as if we're dreaming.

Truly, in this life, it is worth loving and to be loved.

To appreciate every single moment That you laugh, while others hurt.

Love without replacements is able
To withstand anything in life,
To laugh, to be hurt and, to be able
To forgive, to press on, to wait.

Truly, in this life, it is worth loving and to be loved,

To appreciate every single moment That you laugh, while others hurt.

Beloved Parishioners and Friends,

This poem, authored and scored by the Greek poet, Spyros Lambrou, was sung by the students of our Ellinomatheia program as part of their graduation program. Of course, they were singing the Greek original, but even in translation, it is one of the most beautiful poems put to music that I have heard in a long time. The words penetrated my heart and mind, and I thought of a corresponding verse in Scripture, "Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven" (Mt. 18:3).

Children know how to love as did their Savior, Christ. His love for us is always pure, without complications, seeking nothing in return but love. Even when scolded, children have an almost infinite capacity to forgive, to wait for the embrace that too often is denied for too long. Even when they hurt, they press on, joyfully accepting that moment when finally a smile is sent their way, like the stretch of light from the lighthouse guiding ships to their safe harbor. Their renewed smile melts the resistance of the toughest heart, and rejuvenates the capacity to believe in love as the only remedy for life's falls and ills.

God is Love, St. John the Evangelist assures us. Perhaps all it takes is a well written poem, sung by angelic voices, innocent and genuine in faith, to remind us what a grievous offense it is, to waste so much time hurting and being hurt, when it's far better to love and be loved. It's the difference between heaven and hell. God offers us His Kingdom, where love forever reigns. Hell is of our own making. As always, the choice is ours. I pray you take the time to contemplate the depth of the message, and to grow in God-like love and joy.

I take this opportunity to thank all our educators for their invaluable support and work in our Sunday School, Greek School and Ellinomatheia programs. Ergini Martnishin (Sunday School Director), Vasilia Ravaris (Greek School) and Athanasia Dacey (Ellinomatheia). Their contribution to the life and well-being of our parish is greatly appreciated. May our Lord continue to bless our parish and guide us in this momentous time in our history. Lord, Thy will be done!

Fr. George

Inside this issue:

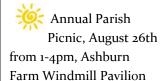
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Holy Apostles Greek Orthodox Church



Message from the Parish Council President

Dear Brothers and Sisters in Christ:

I hope everyone is enjoying a nice summer!

Holy Apostles kicked off the summer season by initiating the fireside chat series. These fireside chats are group discussions about the permanent residence we're pursuing in Loudoun County - off Claiborne Parkway in Ashburn. The feedback we've received thus far from our parishioners has been invaluable as we consider how best to use the property. At the time I'm writing this letter, we're negotiating with Toll Brothers and planning to hold a General Assembly in late summer or early fall to provide an update on how things are progressing and vote on next steps. Again, the fireside chats are an ideal forum to get your questions answered and your voice heard - if you haven't yet participated in one, please reach out to Lia Economou for scheduling!

Also at the start of summer we celebrated our Sunday School, Greek School, and Ellinomathia graduates with a meaningful ceremony in which the children sang songs, recited poems, and presented what they had learned about in school. Congratulations to all our children, special thanks to Ergini Martishin / Sunday School, Vasilia Ravaris / Greek School, and Athanasia Dacey / Ellinomathia, and sincere appreciation to all the dedicated teachers and wonderful parents for advancing the next generation's education in orthodoxy.

Congresswoman Barbara Comstock was in attendance at the graduation ceremony, as well as the liturgy that preceded it. The congresswoman had visited Taste of Greece earlier in the year, and was so interested in our mission to build a permanent residence in Loudoun County, that she wanted to worship with us and learn more about our parish. After the graduation ceremony, during coffee hour, she chatted with parishioners and offered some brief words on the importance of religious education for children today.

The end of the school year meant graduation as well as the start of Vacation Church Camp. This year's camp theme, "Stepping Stones in the Divine Liturgy", saw the children attending weekday morning services, learning details about what the priest does and uses during a liturgy, and understanding the meaning of different aspects of the liturgy. And of course, they had a lot of fun during camp, playing games, participating in arts and crafts, and growing/strengthening friendships. Special thanks to Denise Lansdell / Sunday VCC Director for organizing this amazing program, and once again sincere appreciation to all the teachers, teacher's aides, and parents for contributing to its success.

Weekday Liturgical Schedule for Aug and Sept, 2018

August 1	Beginning of Dormition Fast (strict fast) 7:00 PM, Paraklesis to the Theotokos
August 3	7:00 PM, Paraklesis to the Theotokos
August 5	7:00 PM, Great Vespers for Holy Transfiguration
August 6	Holy Transfiguration 8:15 AM, Orthros; 9:30 AM, Divine Liturgy
August 8	7:00 PM, Paraklesis to the Theotokos
August 10	7:00 PM, Paraklesis to the Theotokos
August 13	7:00 PM, Paraklesis to the Theotokos
August 14	7:00 PM, Great Vespers for Dormition
August 15	Koimisis (Dormition) of the Theotokos 8:15 AM, Orthros; 9:30 AM, Divine Liturgy
August 29	Beheading of St. John the Baptist (strict fast) 8:15 AM, Orthros; 9:30 AM, Divine Liturgy
Sept. 1	Beginning of the Ecclesiastical Year 8:15 AM, Orthros; 9:30 AM, Divine Liturgy
Sept. 8	Nativity of the Theotokos 8:15 AM, Orthros; 9:30 AM, Divine Liturgy
Sept. 14	Universal Elevation of the Holy Cross (strict fast) 8:15 AM, Orthros; 9:30 AM, Divine Liturgy



Message from the Parish Council President cont...

I know the summer months will take many away from church from time to time, so I want to remind everyone of the importance of stewardship: not only is fulfilling stewardship commitments vital to our pursuit of the Claiborne Parkway property, but also vital to day-to-day operations. Though we take vacations over the summer, our bills and expenses don't!

Speaking of being away for some of the summer, while Fr. George was away supporting a monastery, we were honored to welcome back Fr. Patrick Viscuso, the first presiding priest for the Greek Orthodox Parish of Loudoun County. We were excited to get reacquainted with Fr. Patrick and are very appreciative of his pastoral guidance.

We'll close the summer with the annual parish picnic, sponsored by the Stewardship Committee, at Ashburn Farm Windmill Pavilion. I look forward to enjoying fellowship with familiar faces as well as new ones – events like the picnic are ideal opportunities to welcome and get to know the many new parishioners who are finding our church.

As I reflect on the first half of 2018, I'm delighted by how much Holy Apostles has accomplished and humbled to have the opportunity to serve as your Parish Council president and worship alongside you. I look forward to the second half of 2018 and the many exciting endeavors we plan to undertake.

Greg Joiner Parish Council President gregjoiner@gmail.com

Stewardship

Happy Summer!

I hope you are enjoying your summer, spending time with family. As you take a break for the summer, don't forget the Church leadership is moving forward on acquiring property for our future home. Even though it is summer break the church is still open and operating. We still need your pledge and your commitment to the church. If you have not filled out your pledge card - please do so right now!

In August we will have our annual church picnic at Ashburn Farm Windmill Pavillion, from 1-4 p.m on August 26th. This is always a great end of summer celebration, a time of fellowship while enjoying some delicious food. We will send out an online sign up closer to the event.

As always, the church can always use your time, your talents and your treasure. Every person's commitment matters! Please don't hesitate to reach out to me, Ron Baldinger, the Stewardship Chair, if you have any questions about filling out a pledge card or questions about being a Steward. My email is: Ron.baldinger@gmail.com

I look forward to seeing you in August at the picnic!

Ron and Mina Baldinger Stewardship Committee Chairs ron.baldinger@gmail.com & mina.baldinger68@gmail.com

Circle areas of expertise or interest:	2018 STEWARDSHIP PLEDGE (PLEDGE FOR JAN-DEC 2018) HOLY APOSTLES GREEK ORTHODOX CHURCH
Youth Groups and Classes Hope & Joy GOYA Greek Dance Instruction Greek School Sunday School	In faith, prayer and sacrifice, my family and I wish to share in the support and work of the Holy Apostles Greek Orthodox Church. We would like to pledge the amount of \$ for the year 2018 (through December 2018) You may pay via cash, check or online using PayPal at www.holyapostlesgreekorthodox.org.
Groups and Ministries AHEPA Altar Service Choir Ladies Philoptochos Orthodox Book Club PAREA lunch group	This amount will be paid as follows: Annually Semi-annually Quarterly Monthly Weekly Name: Address:
Parish Newsletter Social Events Stewardship Committee Visiting Elderly	City: State: Zip: E-mail: Phone: Your pledge is strictly confidential.

Note from the Editor: These next two articles were inadvertently missed in the previous Newsletter. Please Enjoy!

Epitaphio

The Easter Flowers/Altar Fund Committee would like to thank wholeheartedly all of our Parishioners for their generous donations and their contributions of all the paper goods! Your support made it possible for our Church to be adorned with lovely fresh flowers during the Lenten season, as well our Epitaphio. We would like to thank all the Ministries that participated in the Salutations with their prayers and beautiful floral arrangements.

We also appreciate everyone that dedicated their time to help with the Annual Spring Cleaning and the decoration of the Epitaphio. Your donations will help the **Altar Fund Committee** purchase ecclesiastical items that our Parish may need. Our Church is blessed and truly thankful for the donations from three of our Parishioners for the purchase of three wooden Chanters Chairs. A special thank you to all our beautiful flower girls! God Bless you all. Xristos Anesti!



Preparation of the Epitaphio







Epitaphio cont...







Flower Girls



Spring Cleaning









Greek Independence Day commemorates the start of the Greek War of Independence from the Ottoman Empire in 1821. It is also the religious holiday of The Annunciation which is the celebration of the announcement by the Archangel Gabriel to the Virgin Mary that she would conceive and become the mother of Jesus, the Son of God.



Greek Independence Day Parade March 25, Baltimore











Capital Women's Care Ashburn, we provide exceptional care for every season of your life.

We are one of 55 <u>Capital Women's Care</u> locations. CWC is the largest and most successful OBGYN practice in the mid-Atlantic region. Here at Capital Women's Care Ashburn, we strive to give you the care you desire, regardless of your needs, and always provide a place where you can feel understood and prioritized.

We're so excited to meet you and provide you with the tools to help you live your best, healthiest life.

Meet Dr. Nadim Hawa

MD, MS, FACOG, FACS

Dr. Hawa earned his Bachelor's and Master's Degree in Neuroscience (1999, 2001) at the American University of Beirut. He later received his medical training at the University of Balamand in Lebanon (2005). He moved to the USA in 2006 and joined the obstetrics and gynecology residency program at The George Washington University Hospital (2010). He later pursued a fellowship in advanced laparoscopic and robotic surgery through the American Association of Gynecologic Laparoscopists (AAGL) at GWUH (2011). He is board certified and is a Fellow of the American Academy of Obstetrics and Gynecology and the American College of Surgeons.

He enjoys the minimally invasive approaches to major surgeries with same day procedures and fast recoveries moving away from traditional open surgeries. He is fluent in English, French, Arabic, and medical Spanish.



"Hi, I'm Dr. Nadim Hawa and I'm here to help you live your healthiest life and guide you to the preventative care that you deserve.

I have studied Gynecology and Obstetrics for over 12 years, and I specialize in minimally invasive surgical procedures. My colleague likes to say that it is, "not your mother's gynecological surgeries anymore," and he's right. The procedures I perform are non-invasive, same day surgeries, and with minimal recovery. My patients are doing regular activities such as driving within 48 hours after their surgery.

I encourage natural birth with minimal intervention. Knowing that Your age, values, beliefs, health, current situation, and future goals all play a role in your obstetrical care.

I'm not here to scold you or pressure you into taking certain medications or undergoing specific procedures, I'm just here to give you the recommendations and guidance you need to live your best, healthiest life — whether you're navigating the best birth control option for you, having menstrual problems, experi-

encing sexual dysfunction, or going through menopause.

Whatever route we decide to take in your healthcare, I'll be here every step of the way to explain all your options and give my recommendations for what you should consider."

St. John Chrysostom Oratorical Festival Metropolis of NJ Finals

Congratulations to our Holy Apostles Sunday School students and GOYAns who competed in and represented our parish at the St. John Chrysostom Oratorical Festival Metropolis of New Jersey Finals on May 19th. In the Senior Division, Paris Economou placed 2nd and Marlene Ortiz was awarded Honorable Mention. Athena Lansdell was also awarded Honorable Mention in the Junior Division Congratulations to all for representing our church and doing an excellent job speaking about our faith!



Athena, Marlene and Paris at he NJ Diocese level competition

Adults' Night Out at Parallel Wine Bistro

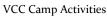




Vacation Church Camp from June 18—June 22

Thank you to Father George and our VCC Director, Denise Lansdell, and Assistant, Asha Ioanou, for a great week of church camp! We are also grateful to all the teachers, Choir Director, parents and teenage helpers. The children started each day with a skit from our teenagers followed by a lesson from Fr. George, then learned about the Divine Liturgy from a Stepping Stones theme, walking on the path to Christ. They sang songs and hymns, played outside together, made prosfora, and even made their own censers. We look forward to another great camp in 2019!







GOYA

GOYA had a very busy Spring and end of school year, filled with several faith-based discussions, fellowship gatherings, and a community service event.

In May, the GOYAns participated in a community service opportunity at Sunrise Senior Living in Reston. Our GOYAns met with the residents and Greek danced for them. "Many thanks to you and the group for organizing the performance on May 18th. The residents, staff and family members truly enjoyed your visit! The music and energy the teens brought really boosted all of our spirits!!" said Gail Saour, Activities and Volunteer Coordinator.

Afterwards, the GOYAns went as a group to Silver Diner in Reston for dinner. It was a great opportunity to bring much needed joy to the elderly in our community and also gather together in fellowship. We thank our GOYAn, Paris Economou, for planning this event.

In June, Deacon Harry Chelpon led a discussion with our GOYAns about important teenage topics. We thank Deacon Harry for his time and support of our youth!

The end-of year party followed the next weekend at the Economou home. Fun was had by all! A special thank you to Father George for not only attending but playing ping pong and air hockey with the GOYAns, a rare treat.

We look forward to the 2018-2019 year with the new GOYA Officers:

President - Christina Kendrat

Vice President - Noah Burke

Secretary - Stephen Economou, Emmanuel Koutsourais, Athena Lansdell

Treasurer - Dora Moskalli

Historian - Georgia Drapas, Maria Moskalli

Communications – Paris Economou, Andreas Voyages

We hope all our GOYAns and their families have a wonderful Summer!

In God's service,

Lia Economou

GOYA Advisor

liaecon@comcast.net



Deacon Harry Chelpon and our GOYAns before their discussion.



GOYAns end-of-year party at the Economou home



GOYA cont..







GOYAns end-of-year party at the Economou home



GOYAns Greek dancing for Sunrise Senior Living facility residents





Hope and Joy



Before Hope & Joy wrapped for the summer months, we held two meetings at church.

At our May meeting, we learned the story of Pentecost and Fr. George shared

with us the details of the Pentecost icon. Then, in an homage to the rushing wind that the Disciples heard when the Holy Spirit came, we made a windsock craft.

And at our June meeting, we discussed being humble, and specifically how Jesus was humble when he washed His disciples' feet. We made a craft that complemented our discussion: the kids traced each other's feet on construction paper and cut them out. I then gave each a small piece of felt to act as a washcloth so they could "wash each other's feet"! Also at our June meeting, we collected donations from Hope & Joy families on behalf of one of the many Philoptocos charitable efforts: The Loudoun Hunger Relief Cereal Drive.

Across the 2017-2018 school year, through Hope & Joy, our children accomplished a lot: donating to the less fortunate, giving ministry to the needful in our community, and learning about the Orthodox faith (to name just a few things). They should be proud of these accomplishments (I certainly am!), and I truly hope they had fun, made friends, and grew in their faith along the way.

I look forward to reconnecting after summer once school is back in session for a brand-new year of activities and adventures.

Wishing you His greatest blessings across the summer months,

Ashley Joiner Hope & Joy (<u>ashleydjoiner@gmail.com</u>)





Kids participating in arts and crafts



Philoptochos

I hope this finds everyone enjoying their summer. Our spring season was incredibly busy. We were able to contribute \$600 in gift cards to the Loudoun Abused Women's Shelter. We donated 81 pounds of cereal to Loudoun Hunger Relief and we spent a Friday afternoon volunteering at Women Giving Back.

We sponsored a hole at the 8th Annual Golf Tournament that benefited Area 14 – Loudoun County Special Olympics on June 19th at the 1757 Golf Club. The money raised from this event will help fund Special Olympic programs for over 500 athletes from this area.

We sincerely appreciate the kindness and generosity of our church community. We thank our dedicated members and the support of our parish.

We celebrated the end of our year with an afternoon of joy and friendship at the Sunset Hills Vineyard on June 23rd.

It's not too late to join Philoptochos and show your support. Your active and/or financial support enables us to be effective as a contributor to charitable organizations and to assist in fulfilling the needs of our parish. The greater your support, the greater the potential for our Philoptochos to fulfill and increase our ministries.

We look forward to seeing you in the fall!

With my deepest gratitude,

Alexis Cleveland, apcphiloptochos@gmail.com





Beautiful Smiles, Brighter futures...

17 years in the Potomac Falls/Sterling area

- * No Charge for Initial Consultation
- * Invisalign, Invisalign Teen and Esthetic braces
- * Flexible Financing
- * Extended Hours, Convenient Location (Across Dulles Town Center Mall)
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*Voted Top Orthodontist:

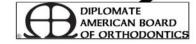
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Dr. Rana Barakat and her Family





PAREA

Beloved PAREA family!

I pray that you and your families are having a blessed and safe summer!

A heartfelt thank you to all who joined our June PAREA! We had one of our most successful gatherings and we celebrated all the birthdays and name days for June and July! Thank you to Kristina Ayoub for her support! Small icons of the Holy Apostles were distributed to all our PAREA friends in celebration of our Church's June Feast Day!

A huge "thank you" goes out to all our wonderful bakers and PAREA supporters who brought delicious treats in support of the coffee hour during the month of June!

Our BECAUSE "EYE" CARE FOR YOU campaign was blessed again this year with great success. We have collected well over 170 pairs of gently used glasses and sunglasses since we started the campaign a few years ago. Our church family always responds with great sensitivity to PAREA's call for people in need. Thank you!

I would like to remind all that PAREA is in hiatus during July and August, but we are looking forward to seeing everyone around PAREA's table again, God willing, on Tuesday, September 4th, at Mimi's cafe. May our Theotokos bless all of us and bring us safely back to our church from all our travels.

In His Everlasting Mercy,

Marina Blair **PAREA Chair** blairmarina@gmail.com



June's lunch at Mediterranean Breeze, Ashburn



AHEPA CHAPTER 542 News & Notes

Our Chapter, founded by members of our wonderful Holy Apostles parish, had a very active Spring and at the same time, helped the community in so many ways. Here's a glimpse:

On May 20, we joined over 1,000 Chapters and over 60,000 AHEPANS across North America to celebrate AHEPA Sunday. As one of the fastest growing Chapters in the United States, we were honored to recognize key people within our great parish community for their spectacular accomplishments. Scholarships were awarded to deserving High School Seniors, awards to qualifying High School Juniors, and medals to exceptional Greek School students. And, with AHEPA Chapters having helped build, remodel, & enhance churches for decades by raising millions, we were blessed to have been able to make a contribution to the HOLY APOSTLES CAPITAL CAMPAIGN, dedicating the memorial service to deceased AHEPANS, & hosting the coffee hour.





On May 26, we joined several chapters from across the Washington DC metro to participate in the 70-year old tradition to lay wreaths at Arlington Cemetery at over 600 fallen AHEPANS gravesites. With nearly half of all the participants hailing from our Chapter, it was a humbling experience for everyone. Afterwards, several members and their families attended the Changing of the Guard at the Tomb of the Unknown Soldier. We rounded out this truly honorable experience by attending a special luncheon together at City Diner in Falls Church.

On June 13 at the Chapter monthly meeting, the 2018-19 Leadership Team elections were held. Please congratulate the following people who will represent AHEPA in the coming year.

OFFICERS

President: Pete Margaros Chad Burke Vice President: Secretary: Hal Hallett Treasurer: **Peter Thomas**

BOARD OF GOVERNORS

Dean Economou, Chair Vasili Fotopoulos Bill Lagadinos Mike Hadjimichael

Finally, on June 16, the Chapter hosted the 2nd annual SUMMER SOCIAL. Over 50 people attended a very special event which our President, Pete Margaros and the rest of the Leadership Team. "It was great to see so many people supporting the AHEPANs from our Holy Apostles parish," said Kiki Georges.



We look forward to kicking off a new year in September so stay tuned as there are lots of new things coming. If you haven't checked us out lately, there's a lot happening. Visit us at www.ahepa542.org to learn more about our dynamic Chapter and apply today.













a valuable message from the... **HOLY APOSTLES MARKETING & COMMUNICATIONS TEAM**



The Light Το Φως



The CAPITAL CAMPAIGN — PHASE I train on a fast track! Here are some amazing results:

- In the first 30 days, we added more than \$800,000 taking us to over \$1.3 million
 - This represents nearly 60% of our total PHASE I goal
- Over 50 families have contributed so far with individual commitments as high as \$500,000

Your fellow parishioners have spoken and it's a powerful message! But, we have a long way to go! It's only the first step, take a look:

PHASE I - LAND ACQUISITION

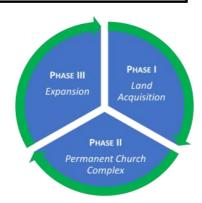
Acquiring the property just off Claiborne Parkway in Ashburn, a feasibility study, general renderings, and initial development.

PHASE II – PERMANENT CHURCH COMPLEX

After a Design Stage with all ministries, groups, and parishioners, requirements will drive defining the key needs of our new home

PHASE III - EXPANSION

The Phase II Design Stage and Capital Campaign Phase II & III success will define details and requirements for our long-term needs



How You Can Help – Network Based Giving



If we tap into our resources, it's amazing what we can achieve! Here are some ideas to help you raise money for your church!

- Talk to family, friends, colleagues, and neighbors about helping!
- Are you part of a professional organization that can help?
- Do you have connections with other charities who can support us?
- Your **employer** may have a **charitable giving program**, right?



CHAT TODAY!

To learn more about how you can help, schedule a FIRESIDE CHAT today! About 35% of our Stewards experienced a session and found it to be a great information exchange. Your CAPITAL CAMPAIGN volunteers, fellow parishioners, have poured over 5,000 hours into this effort. Isn't it worth just 60 minutes of your time to help decide our FUTURE, through our FAITH, making it available FOR ALL?



Do you shop at Amazon.com?



If so, you can help our Church receive donations, just by shopping! Amazon Smile will donate 0.5% of orders to a selected charity.

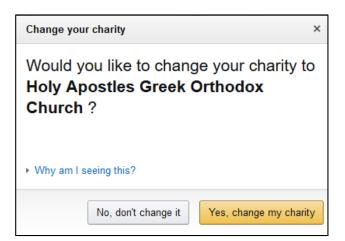
The Fundraising Committee has added our Church as one of the available charities on Amazon Smile.

Step 1: To get started, go to our website www.holyapostlesgreekorthodox.org and click on the Go to smile.amazon.com button on our website to select our Church or go to this link directly:

http://smile.amazon.com/ch/20-5712523

Step 2: Sign in using your Amazon credentials

Step 3: Click on the Yes, change my charity button



You will now see, as shown below, that you have selected our Church as your charity.



You will receive a confirmation email that you have selected our Church.

Important: Always remember when you shop at Amazon to go use the https://smile.amazon.com link and confirm that the charity you are supporting is our Church.



Holy Apostles Greek Orthodox Church

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Church Choir Epitaphio/Flowers Committee Festival Committee Future Planning Committee Gala Committee GOYA GOYA Boys' Basketball Team	Fr. George Alexson Elpida Skuce Mariana Korulaki Presvytera Joanna George Mokhiber Nick Spyros Kristina Ayoub Asha Ioanou Lia Economou Dimitrios Stratakos		hawmihi108@gmail.com frgeorgeandrew@gmail.com elpitha@theskuces.com k.mariana@hotmail.com frgeorgeandrew@gmail.com gencapadvisors@outlook.cor nlspyros@yahoo.com ktsiakos@yahoo.com nicholas.asha@gmail.com liaecon@comcast.net dimitristratakos@verizon.net
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